



PROROME



REGISTER TODAY

A Pilgrimage to Italy with Regina Luminis Academy

Featuring Rome, Assisi, Subiaco and Orvieto

This pilgrimage gathers the families and friends of Regina Luminis Academy for ten days in the Eternal City, the cradle of Western monasticism at Subiaco, and the city of Saint Francis — an unforgettable journey in the footsteps of the Apostles and the saints who shaped Christendom.

You will pray at the tomb of St. Peter on the Scavi Tour, walk the Catacombs of San Sebastiano where the Apostles' bodies once rested in safekeeping, venerate the chains of St. Paul at Tre Fontane on the very ground of his martyrdom, and gather for the Papal Wednesday Audience in St. Peter's Square. You will descend into the Sacro Speco at Subiaco, the cave where the young St. Benedict lived as a hermit and from which Western monasticism arose, and venerate the Eucharistic Miracle of Bolsena enshrined in the Duomo of Orvieto.

In Assisi, you will pray at the tomb of St. Francis, gaze upon the San Damiano Crucifix that spoke to him, kneel at the Portiuncula where he founded the Franciscan Order, and walk into the forest above the city to the Eremo delle Carceri, the hermitage of caves and oaks where he withdrew for solitude. Six nights in Rome near the Vatican. Three nights in a religious guesthouse in Assisi's centro storico. Professional Catholic guides, a ProRome Tour Manager throughout, private motorcoach, audio headsets, all entrance fees, gratuities, and group dinners every evening.

April 19-29, 2027

\$2,990 per person, land-only (airfare to be quoted in June 2026
and posted to the webpage once available)

For more information or to register, please visit www.prorometours.com/reginaluminis-2027
or contact ProRome Tours directly at (434) 953-1112 or by email at office@prorome.com

THE ITINERARY



Daily Mass will be celebrated throughout the pilgrimage, with locations confirmed closer to the date of travel. Mass locations, meal arrangements, and the daily sequencing of events are illustrative and subject to change based on availability at the time of booking. ProRome will confirm all final details — including specific Mass times, churches, and more — once the booking is secured and in the months leading up to departure.

Day 1 | Monday, April 19 Departure from Philadelphia

Pilgrims gather at Philadelphia International Airport (PHL) and check in for the overnight transatlantic flight to Rome. Flight details will be confirmed and added to the itinerary in June 2026, when the booking window opens.

Day 2 | Tuesday, April 20 Arrival in Rome and Ancient Rome

Morning arrival at Rome Fiumicino Airport (FCO). Your ProRome Tour Manager will meet the group at arrivals and transfer you by private motorcoach to your religious guesthouse in the Vatican area. The afternoon is given to Ancient Rome — the best possible way to keep the group on Rome time after the overnight flight, and a magnificent and fitting entry into the pilgrimage. We visit the Colosseum, sanctified by the blood of thousands of Christian martyrs whose witness became the seed of the Church; the Roman Forum and Arch of Constantine, the ancient civic and religious heart of Roman civilization, with the arch

commemorating the emperor whose Edict of Milan ended the persecutions; and the Mamertine Prison (Carcere Tulliano), where Saints Peter and Paul were imprisoned before their martyrdom — one of the most moving sites in Rome for understanding the apostolic witness. Salvation history, from pagan empire to the fullness of Christian civilization, can be contemplated here. Welcome dinner together as a group. Mass at the Basilica of San Clemente or Santa Maria in Traspontina near the Vatican.

Day 3 | Wednesday, April 21 Papal Audience and the Vatican Museums

Early breakfast at the guesthouse. This morning we make our way to St. Peter's Square for the Papal Wednesday General Audience (held in the Paul VI Audience Hall in the event of inclement weather). The Holy Father's weekly public audience is one of the singular graces of a Rome pilgrimage: ProRome will arrange advance ticket reservation, and the Holy Father typically processes through the crowd, greets pilgrims, delivers his catechesis, and imparts the Apostolic Blessing. Lunch on your own near the Vatican. The afternoon is given to the Vatican Museums and Sistine Chapel with our professional Catholic guide: the Raphael Rooms, with The School of Athens and The Disputation of the Holy Sacrament; the Gallery of Maps and Gallery of Tapestries; and the Sistine Chapel, with Michelangelo's ceiling (1508–1512) and The Last Judgment (1536–1541). Group dinner.

Day 4 | Thursday, April 22 St. Paul, Tre Fontane, the Catacombs, and Santa Maria Maggiore

Breakfast at the guesthouse. This morning we depart for Tre Fontane (Abbazia delle Tre Fontane), the site of St. Paul's martyrdom, where tradition holds that when his head was severed it struck the ground three times, and at each point a spring of water miraculously arose. Three ancient churches stand on the site, with beautiful grounds tended by the Trappist community. From there we proceed to the Basilica of Saint Paul Outside the Walls — Mass and guided tour. One of the four great papal basilicas of Rome, second only to St. Peter's in size, it is built directly over the tomb of St. Paul the Apostle. We venerate the chains of St. Paul and the edicola over his tomb, view the great papal portrait mosaic cycle that encircles the nave with medallions of every pope, and visit the magnificent Cosmati cloister. Lunch on your own. In the afternoon we descend into the Catacombs of San Sebastiano along the Via Appia Antica — one of the oldest and most significant Roman catacombs, and

the site that gave the world the very word "catacomb" (ad catacumbas — "among the hollows"). For a time during the persecutions, the bodies of Saints Peter and Paul were transferred here for safekeeping. We finish at the Basilica of Santa Maria Maggiore, one of the four papal basilicas, home to the Salus Populi Romani icon venerated by every modern pope, the 5th-century triumphal arch mosaics among the oldest surviving in Rome, the relic of the Holy Crib (Santo Presepe), and the tombs of St. Pius V and Gian Lorenzo Bernini. Group dinner in Trastevere. Mass at the Basilica of Saint Paul Outside the Walls.

Day 5 | Friday, April 23 Day Trip to Subiaco: In the Footsteps of Saint Benedict

Breakfast at the guesthouse. This morning we depart Rome by private motorcoach for Subiaco, approximately 1.5 hours east of Rome in the Aniene Valley. We celebrate Mass at the Monastery of San Benedetto (Sacro Speco), built directly into the cliff face above the cave where the young St. Benedict lived as a hermit for three years — the very origin of Western monasticism. The Sacro Speco is a series of chapels and oratories ascending into the rock, with 13th-century frescoes of extraordinary beauty, the cave of the Holy Grotto, and the earliest known portrait of St. Francis of Assisi. We then visit the Monastery of Santa Scolastica, the oldest continuously occupied Benedictine monastery in the world, established by St. Benedict himself for his twin sister St. Scholastica. Subiaco is one of the most spiritually powerful and visually spectacular days of the entire pilgrimage — the Sacro Speco, carved into a sheer cliff above the gorge, is unlike anything else in Italy. Return to Rome with free time for personal exploration. Group dinner. Mass at the Monastery of San Benedetto (Sacro Speco), Subiaco.

Day 6 | Saturday, April 24 Ancient Christian Rome and the Centro Storico

Breakfast at the guesthouse. This morning we walk to the Basilica of Saint John Lateran, the Cathedral of Rome and "Mother and Head of All Churches in the City and the World," where we venerate the relics of Saints Peter and Paul enshrined in the spectacular Gothic tabernacle, take in the magnificent apse mosaic, and pass through the bronze doors brought from the ancient Roman Senate. Next door is the Basilica of Santa Croce in Gerusalemme, built by St. Helena to house relics brought from the Holy Land: fragments of the True Cross, the Titulus Crucis ("Jesus of Nazareth, King of the Jews"), two thorns from the Crown of Thorns,



ITINERARY CONTINUED

Tentative Itinerary



a nail from the Crucifixion, and the finger of Doubting Thomas. Pilgrims may also climb the Holy Stairs (Scala Santa) — the marble stairs from Pontius Pilate's palace in Jerusalem, brought to Rome by St. Helena, traditionally ascended on the knees with one Our Father on each of the 28 steps. Lunch on your own. The afternoon unfolds as a walking pilgrimage through the Centro Storico, the heart of Baroque Rome: Piazza Navona, with Bernini's Four Rivers Fountain and the site of St. Agnes's martyrdom; the Pantheon, the best-preserved monument of ancient Rome and now a Catholic basilica, with the tomb of Raphael; San Luigi dei Francesi, home of Caravaggio's three magnificent canvases on the life of St. Matthew; and Sant'Agostino, with Caravaggio's Madonna of Loreto and the tomb of St. Monica, mother of St. Augustine. As time permits we may also visit the Gesù — the first Jesuit church and tomb of St. Ignatius of Loyola — and Sant'Ignazio, with Andrea Pozzo's stunning trompe l'oeil ceiling. Group dinner.

Day 7 | Sunday, April 25 Saint Peter's Basilica and Trastevere

Breakfast at the guesthouse. This morning we make our way to St. Peter's Square for Mass at a side altar in St. Peter's Basilica, followed by a guided tour: Michelangelo's Pietà, Bernini's Baldacchino over the Confession, the Papal Tombs in the Vatican Grottoes, and an optional ascent to the Cupola for panoramic views of Rome and the Vatican. Lunch on your own in the Borgo. The afternoon is given to an optional walking tour through Trastevere: Santa Maria in Trastevere, Santa Maria della Scala, Santa Cecilia, San Crisogono, and Tiber Island. Group dinner. Mass at St. Peter's Basilica.



Day 8 | Monday, April 26 Rome to Assisi via Orvieto

Breakfast and check-out from the Rome guesthouse. We board the private motorcoach and head north into Umbria. Our first stop is the medieval hilltop town of Orvieto, perched above the volcanic plain. We celebrate Mass at the Duomo of Orvieto — one of the supreme Gothic cathedrals of Italy, with a polychrome façade of golden mosaics considered among the finest in the world — and venerate the corporal of the Eucharistic Miracle of Bolsena (1263), the bloodstained altar cloth that moved Pope Urban IV to institute the Feast of Corpus Christi and commission St. Thomas Aquinas to compose the Pange Lingua. We also view Luca Signorelli's Last Judgment frescoes in the San Brizio Chapel, widely regarded as one of the greatest fresco cycles of the Italian Renaissance, which Michelangelo studied before painting the Sistine Chapel. Lunch on your own in Orvieto's medieval centro. We continue to Assisi, arriving mid-afternoon, and check in at your religious guesthouse in the historic centro storico. Free time to settle in and explore the medieval streets. Group dinner in Assisi. Mass at the Duomo of Orvieto.

Day 9 | Tuesday, April 27 Full Day in Assisi: City of Saint Francis

Breakfast at the guesthouse. This morning we celebrate Mass and tour the Basilica of San Francesco, the great mother church of the Franciscan world. We descend to the crypt to venerate the tomb of St. Francis (placed here in 1230, hidden for security, and not rediscovered until 1818), then visit the Lower Church with its magnificent frescoes by Cimabue and early Giotto and side chapels by Simone Martini and Pietro Lorenzetti, and the Upper Church with Giotto's monumental 28-panel fresco cycle of the life of St. Francis, the foundational work of Western narrative painting. We then walk to the Basilica of Santa Chiara to venerate the tomb of St. Clare and reverence the San Damiano Crucifix, the very cross from which Christ spoke to Francis: "Francis, go and rebuild my church, which as you can see is falling into ruin." Lunch on your own. In the afternoon we descend to the Basilica of Santa Maria degli Angeli at the foot of the hill, where the Portiuncula is enshrined — the tiny chapel St. Francis rebuilt with his own hands, where he founded the Franciscan Order, received the Portiuncula Indulgence, and died on October 3,

1226. We also visit the Cappella del Transito, the small cell where Francis died, still preserved intact, and the Rose Garden Chapel, where the saint threw himself into a thornbush to resist temptation and the thorns miraculously disappeared from the roses. Free time before dinner to walk the medieval streets, climb to the Rocca Maggiore for panoramic views of the Umbrian valley, or visit San Damiano outside the walls. Group dinner in Assisi. Mass at the Basilica of San Francesco.

Day 10 | Wednesday, April 28 Eremo delle Carceri and Optional Norcia Excursion

Breakfast at the guesthouse. This morning we hike up the slopes of Mount Subasio to the Eremo delle Carceri, the hermitage in the forest above Assisi where St. Francis withdrew for extended prayer in solitude. A series of caves and grottos where Francis and his earliest companions prayed, set within an ancient holm oak forest still as it was in his day, the Eremo is one of the most evocative and spiritually charged sites in all of Franciscan Assisi — and one that very few pilgrims reach. The afternoon offers an optional excursion to Norcia (approximately 1 hour from Assisi), birthplace of St. Benedict and his twin sister St. Scholastica — a fitting connection to the monastic heritage encountered at Subiaco earlier in the week. We visit the Monks of Norcia (Benedictines), whose monastery was severely damaged in the 2016 earthquake and who continue their mission of ora et labora in the hills outside the town, and explore the famous market of Norcia, among the finest in all of Umbria for local cured meats, cheeses, truffles, and lentils. Those not joining the Norcia excursion may spend the afternoon at San Damiano, the hermitage below the city walls where St. Francis composed the Canticle of the Creatures and St. Clare lived in enclosure, or at leisure in the medieval streets of Assisi. Group farewell dinner in Assisi. Mass at the Basilica of Santa Maria degli Angeli or in Norcia.

Day 11 | Thursday, April 29 Departure

Early breakfast and check-out from the Assisi guesthouse. Final Mass in Assisi, with the location determined by flight timing. Private motorcoach transfer to Rome Fiumicino Airport (FCO), approximately 2.5 hours south. The group checks in for the return flights to Philadelphia (PHL), arriving home bearing the blessings of a pilgrimage through the heart of the Church.



MORE DETAILS

► Cost

- \$2,990 per person, land-only (double occupancy)
- Single occupancy supplement: \$740
- Round-trip airfare (PHL-FCO) to be quoted in June 2026 and added to the webpage once available

► Payment Schedule

- \$300 Deposit — Due at registration
- 50% First Installment (\$1,345) — Due 6 months prior to departure
- 50% Second Installment (\$1,345) — Due 5 months prior to departure
- Airfare — Due 4 months prior to departure (amount confirmed once quoted in June 2026)
- \$740 Single occupancy supplement (if applicable) — Due 3 months prior to departure

► Price Inclusions

- 9 nights in religious guesthouses in the historic centers (6 nights Rome, 3 nights Assisi)
- Daily breakfast
- Nine (9) group dinners
- All ground transportation via private motorcoach throughout Italy
- Airport transfers (Rome FCO)
- Professional English-speaking Catholic local guides at the Vatican Museums, St. Peter's, and major sites
- ProRome Tour Manager accompanying the group for the entire pilgrimage
- Papal Audience ticket reservation
- Vatican Museums and Sistine Chapel admission
- All guiding fees and gratuities
- All Mass bookings, church reservations, and donations
- Private whisper headsets for tours and Masses
- All entrance fees to churches, basilicas, and museums
- All gratuities for guides, drivers, and tour manager

► Price Exclusions

- Round-trip airfare PHL-FCO (will be added once quotable in June 2026)
- Daily lunches (on your own)
- Personal expenses and souvenirs
- Travel insurance (strongly recommended)
- Optional activities or site entries not listed in the itinerary



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